

CANON PETER HALL CE PRIMARY SCHOOL PHRSE LONG TERM PLAN (2022- 2023)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Living in the wider world- Knowing and following school rules. Road safety	Relationships- Making friendships	Mental health- Recognising emotions	Physical health- Healthy foods and looking after myself.	Safe relationships- My body- Big talk NSPCC- pants lesson	Mental health- Managing emotions and knowing how others may feel.
1	Living in the wider world- Our community and our rules (geography) PCSO -Safety	Physical health- Healthy diet and exercise.	Mental health- Recognise and describe emotions	Physical health- Hygiene NSPCC- pants lesson	Relationships- Different types of families Safe relationships- growing and changing- BIG TALK	Physical health- Sleep/ screen Living in the wider world - Financial literacy- summer fair
2	Mental health- Managing emotions including loss	Physical health- Dental health	Living in the wider world- Looking after our environment	Relationships- Friendships and bullying (anti-bullying week)	Physical health- Sun safety Safe relationships- growing and changing- BIG TALK	Physical health- Medicines and doctors. NSPCC- pants lesson Living in the wider world - Financial literacy- summer fair
3	Mental health- Looking after mental health	Physical health- Healthy lifestyles (diet and exercise) NSPCC- pants lesson	Physical health- Early sign of illness and speaking to an adult	Physical health- Good and bad habits (exercise routines and choices)	Relationships- Types of relationships eg. Friend, teacher, online, romantic, family Safe relationships- growing and changing- BIG TALK	Living in the wider world- Protecting local and global environment (RE) LIWW- Financial literacy- summer fair
4	Mental health- Changes in feelings	Relationships- Different family structure and healthy family life.	Living in the wider world- Rights of the child	Physical health- Risk of sun over exposure	Physical Health- Oral Hygiene (science) NSPCC- pants lesson	Physical health- Healthy use of the internet (computing)

					Safe relationships- growing and changing- BIG TALK	Living in the wider world - Financial literacy- summer fair
5	Mental health- Managing mental health and seeking support.	Physical health- Diet and exercise	Living in the wider world- Rules of law (British values) & tolerating diversity	Physical health- Personal hygiene	Relationships- Positive friendships Safe relationships- growing and changing- BIG TALK	Physical health- Sleep, screen time & healthy internet use. Living in the wider world - Financial literacy- summer fair
6	Mental health- Bereavement	Physical health- Diet and exercise	Physical health- Bacteria and viruses (science)	Physical health- Responsible use of drugs/ medicines (Science)	Relationships- Types of marriage, civil, arranged companionship/living apart Safe relationships- growing and changing- BIG TALK	Living in the wider world- Stereotypes (female engineers) and prejudice (link with slavery) Career aspirations (career day) LIWW- Financial literacy- summer fair