

Sequence of Learning					
What is the dentist and what is their job?	Why is visiting the dentist important? (tooth decay)	How can I brush my teeth correctly?	Why is it important to take care of my teeth?	How can my food choices help me to take care of my teeth?	Who can help me with my dental care?

<p><u>Vocabulary</u></p> <ul style="list-style-type: none"> • Dentist • Teeth • Brushing • Toothbrush • Toothpaste • Care • Health • Healthy 	<p><u>Intended outcomes:</u></p> <p>To know about dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health</p> <p>To know about the people who help us to stay physically healthy.</p>	<p><u>Previous Learning:</u></p> <p>The children will have an understanding of healthy foods and unhealthy foods and how this can have an impact on the body.</p> <p><u>Preparing for:</u></p> <p>Developing a deeper understanding of oral health and tooth decay as part of their Year 4 Science unit.</p> <p><u>Bespoke to our school:</u></p> <p>2021 dental survey taken in KS1 revealed above average levels of tooth decay</p>
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Resources/ actions

<https://www.together4all.co.uk/resources/relationships-health-and-sex-education/health-education/healthy-eating-and-oral-health/>

School nurse to come in and show children how to brush their teeth and the importance of it.

Oversized mouth model in Science cupboard.