

Sequence of Learning						
What is loss?	What emotions can loss cause?	What changes in our life can loss cause i.e. behaviour?	When might we need support with these emotions and behaviours who can support us with these?	How can I manage strong emotions and behaviours?	What problem solving strategies can I use to help me deal with my emotions?	How can I support others with their emotions?

<p><b><u>Vocabulary</u></b></p> <p>Emotions Managing Positive Negative Expression Body Language Communicate Happy Joyful Sad Upset Angry Frustrated Calm Loss Shock Numbness</p>	<p>Pain Anger Guilt Depression Feelings Sadness Denial Disbelief Anxiety Loneliness Helplessness Panic confusion Feeling overwhelmed Acceptance</p>	<p><b><u>Intended outcomes:</u></b> Children will learn:</p> <p>About change and loss, including death, and how these can affect feelings; ways of expressing and managing grief and bereavement</p> <p>Problem- solving strategies for dealing with emotions, challenges and change, including the transition to new schools.</p>	<p><b><u>Previous Learning:</u></b> In Year 4 and 5, children developed an understanding that emotions can have triggers and can be heightened during certain situations and scenarios.</p> <p><b><u>Preparing for:</u></b> Experiencing loss in their lives and supporting the diverse range of people and experiences that they'll encounter during their secondary education and beyond with empathy and compassion.</p> <p><b><u>Bespoke to our school:</u></b> Above average levels of family bereavement and loss in the community.</p>
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<p><b><u>Resources/ actions</u></b></p> <p>Reverend Julie in to talk to the children about loss/ bereavement</p> <p>See SF / Lisa/ BMJ for children's stories to explore bereavement</p>
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