

Sequence of Learning				
What are the benefits of spending time outdoors in the sunlight?	Why is the sun dangerous?  When might our exposure the sun increase?	What are the risks associated with overexposure to the sun?	How can we protect ourselves from UV rays and prevent illness or damage?	How can we help to promote sun safety in our community?

<p><b><u>Vocabulary</u></b></p> <p>Risk Exposure Over exposure UV rays (Ultra Violet) Skin Cancer Benefits Heat stroke Vitamin D Sun safety Prevent Protect Damage</p>	<p><b><u>Intended outcomes:</u></b></p> <p>Children will learn:</p> <p>About the benefits of sun exposure and risks of overexposure; how to keep safe from sun damage and sun/heat stroke and reduce the risk of skin cancer</p> <p>How and when to seek support, including which adults to speak to in and outside school, if they are worried about their health</p>	<p><b><u>Previous Learning:</u></b> Children learnt about the basics of sun safety and using sun protection and protective clothing in KS1</p> <p><b><u>Preparing for:</u></b> Children becoming responsible and healthy citizens who understand the risks associated with sun exposure for both themselves and others</p> <p><b><u>Bespoke to our school:</u></b> Helping children to become educated members of their local and global community who contribute positively to society.</p>
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<p><b><u>Resources/ actions</u></b></p> <p>Sun hats, sun creams, parasols, protective swimwear, sun glasses to share with children and analyse the designs and why they are effective.</p> <p>School Nurse to talk about sun safety</p> <p>Children organise and lead a sun safety assembly?</p>
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