

Sequence of Learning					
What are bacteria and viruses?	How can bacteria and viruses affect our health?	Why is it important to look after my personal hygiene and how can this limit the spread of infection?	How and when can medicines be beneficial to our health?	How can some diseases be prevented? (vaccinations and immunisations)	How do people manage allergies?

Vocabulary

Hygiene
Bacteria
Viruses
Health
Infection
Medicines
Diseases
Vaccinations
Immunisations
Allergies

Intended outcomes:

Children will learn:

That bacteria and viruses can affect health; how everyday hygiene routines can limit the spread of infection; the wider importance of personal hygiene and how to maintain it

How medicines, when used responsibly, contribute to health; that some diseases can be prevented by vaccinations and immunisations; how allergies can be managed

Previous Learning:

In year 5, they have discussed maintaining a healthy life style and personal hygiene. In year 3, they have learnt about good habits and bad habits in the context of sustaining a healthy lifestyle.

Preparing for:

Independence in maintaining their own personal hygiene as they progress into adolescence. Knowledge of medicines and how to use these responsibly as they prepare for greater independence in the management of their own health and symptoms.

Bespoke to our school:

Enabling children to become responsible citizens who contribute positively to local and global society

Resources/ actions

School nurse