

CANON PETER HALL CE PRIMARY – PE LONG TERM PLAN

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Use of equipment in outdoor area	Movement	Dance	Gymnastics – Body management	Games – team races	Games – Object control
Year 1	Gymnastics: Body Management Locomotion	Dance: Toys Healthy lifestyles	Indoor athletics Inclusive sports	Gymnastics: Floor Dance:	Locomotion Games: Object control	Games: Net & Wall Games: Sending & Receiving
Year 2	Locomotion Dance: Great fire of London	Gymnastics: Body Management Indoor athletics	Inclusive sports – Dance: African Animals	Gymnastics: Flight Healthy lifestyles	Games: Object Control Athletics	Games: Net & Wall Games: Sending & Receiving
Year 3	Gymnastics: Body management Invasion Games	Dance: Stone Age Indoor Athletics	Gymnastics: Floor Inclusive sports	Healthy lifestyles Invasion games	Games: Net & Wall Athletics	Athletics Games: Striking & Fielding
Year 4	Swimming Invasion games	Swimming Indoor Athletics	Dance Inclusive sports	Gymnastics: Body management Healthy lifestyles	Athletics Invasion games	Games: Net & Wall Games: Striking & fielding
Year 5	Indoor athletics Invasion games	Gymnastics: Body Management Healthy lifestyles	Swimming Inclusive sports	Swimming Dance	Athletics Invasion games	Games: Net & Wall Games: Striking & Fielding

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Year 6	Indoor athletics Invasion games	Dance: WW2 Healthy lifestyles	Gymnastics: Body Management Inclusive sports	Invasion games OAA – Outdoor and Adventurous activities	Games: Net & wall /Swimming Athletics	Swimming Games: Striking & fielding
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